Northeastern Maryland Intergroup of Alcoholics Anonymous

28 Centennial Lane Aberdeen, MD 21001-2498 410-272-4150 <u>office@nemdaa.org</u> www.nemdaa.org

Office Hours: Tuesday-thru-Thursday 10:00 am-3:00 pm. Friday 10:00am - 5:00pm, Saturday 10:00am - 2:00pm

Sunday and Monday: Closed

July 28-August 3, 2019

TO SURVIVE TRIALS:

"'Faith without works is dead.' How appallingly true for the alcoholic! For is an alcoholic fails to perfect and enlarge his spiritual life through work and self-sacrifice for others, he cannot survive the certain trials and low spots ahead. If he does not work, he will surely drink again, and if he drinks, he will surely die. Then faith will be dead indeed." Reprinted *from "As Bill Sees It"*, *p. 188 with permission from AA World Services*.

INTERGROUP NOTES:

Newly updated directories for **July 2019** are now available in the office.

GROUP NOTES:

The **Aberdeen Monday Night** Group <u>WILL NOT MEET</u> on **August 5th** due to church activities.

The **Spesutia Group** <u>WILL NOT MEET</u> on **August 9th** due to church activities.

The Daily Reprieve Big Book Study Group which meets Saturdays at 7 p.m. in Aberdeen at the Grace United Methodist Church has <u>closed permanently</u> and will no longer meet.

The Joppa 12 Step Group <u>WILL NOT MEET</u> on August 14th and August 21st due to church activities.

ANSWERING SERVICE: July 28-August 11, 2019

Chairperson:	Jeff L. @ office@nemdaa.org
July 28	By the Book
July 29-August 4	Providence
August 5-11	New Beginnings

INSTITUTIONS COMMITTEE: July 28-Aug. 10 '19

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Chairperson: Alex B.@ o office@nemdaa.org	
28 July Search for Serenity(HMF	H)
North East Big Book(-Union Hospita	ıl)
Any Lengths(PP Rehab #22	2)

29 July **Gratitude Group-----**(PP Rehab #22)

30 July	New Beginnings	
1 Aug	John OBel Air Big Book	
2 Aug	Mon Nite 12 Step Recover	y(PP Rehab #22)
3 Aug	Mark D Dave P Acceptance Group How It Works	(HCDC-Men)
4 Aug	THINK Jeff PKingsville Speakers	(Union Hospital)
5 Aug	Freedom Group	(PP Rehab #22)
6 Aug	Forest Hill Friday Night Happy Hour	
8 Aug	Hickory 12 Step	(HC Homeless Shelter)
9 Aug	Solution for LivingForest Hill Tuesday	
10 Aug	Mike K Havre de Grace Thursday Stopped in Time	(HMH)

BIRTHDAY PLAN:

Pat C.

Pat C. contributed to the Birthday Plan for 32 years of sobriety. Congratulations, Pat!

ANNIVERSARIES: July 28-August 11, 2019

The following anniversaries represent a total of ??? years of continuous sobriety and ongoing recovery.

continuous sobriety a 29 July Michael T.	nd ongoing recovery. Caring and Sharing	23 years
30 July Rex	By the Book	3 years
31 July Scott C. Marie D.	North East Big Book Elkton Beginners	3 years 8 years
1 Aug Marissa D. Theresa R.	Any Lengths Bel Air Women's Big Book	4 years 10 years
2 Aug Kevin K. Melissa F.	Sobriety on Friday Acceptance	1 year 2 years

Lunch Bunch

32 years

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3 Aug	Tom R.	New Beginnings	10 years
6 Aug	Kevin P.	Three Legacies	25 years
7 Aug	Joe S. Matt C.	Elkton Beginners Bel Air Wednesday	5 years5 years
8 Aug	Ashley H.	Came to Believe	1 year
9 Aug	Don L. Bill C. Ryan H.	Happy Hour North East Friday Sobriety on Friday	7 years 32 years 1 year
10 Aug	Jack R. Bob C.	New Beginnings Jarrettsville 12 Step	29 years26 years

The next bulletin cutoff is Wednesday, **July 31th** for group notes and anniversaries occurring from **August 4th-17th.**

AND A FINAL THOUGHT:

HALT: Don't get too Hungry, Angry, Lonely or Tired.