

Northeastern Maryland Intergroup of Alcoholics Anonymous

28 Centennial Lane
Aberdeen, MD 21001-2498
410-272-4150 office@nemdaa.org
www.nemdaa.org

Office Hours: Tuesday-thru-Thursday 10:00 am-3:00 pm.
Friday 10:00am – 5:00pm, Saturday 10:00am – 2:00pm
Sunday and Monday: Closed
August 25-31, 2019

EMOTIONAL SOBRIETY

"If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent unhealthy demand. Let us, with God's help, continually surrender these hobbling liabilities. Then we can be set free to live and love; we may then be able to twelve-step ourselves, as well as others, into emotional sobriety." Reprinted from "As Bill Sees It", p. 288 with permission from AA World Services.

AREA NOTES:

NERDs on Tour! Our North East Regional Delegates are visiting Maryland! Come hear the experience, strength and hope of a dozen trusted servants from the Northeast Region at a mix of open speaker meetings & fellowship events in Areas 29. Join Area 29 for their "NERDs on Tour!" weekend from September 27-29th. Flyer has been revised with some schedule changes. [revised flyer and Schedule of Events attached.]

DISTRICT NOTES

Save these dates: [Sept 6](#) and [Oct 12](#). AA groups/meetings are invited to play "Discovery Recovery History Challenge" in conjunction with the Districts 11, 28 and 30 Workshop on Oct. 12 from 9 am to 1 pm at Port Deposit Presbyterian Church, Port Deposit, entitled "AA: Our Origins, Evolution and Future." To enter the challenge, send a group member to pick up the Challenge materials at the District 11 monthly meeting on Sept. 6 at 6:30 pm at Bethel Lutheran Church, Rtes 272 and 40, next to McDonalds, or look for Challenge materials on your group's literature table. Drawings for conference-approved/Grapevine prizes will be held at the Workshop on Oct 12 for Challenge participants. Come join in the fun! [Flyer attached]

District 11 which meets the first Friday of every month will be meeting September 6th at the Bethel Lutheran Church, Rtes 272 and 40, next to McDonalds. For more information contact Robert H., your DCM @ office@nemdaa.org

INTERGROUP NOTES:

Perry Point Picnic . . . come and join us for fellowship, picnic, speakers, and a Puppet Show on Saturday, August 31st (rain date September 1st) at the Perry Point VA in Perryville, Maryland. Al-anon Speaker at 10 am, AA Speaker at noon and the Puppet Show at 2 pm. We'll be grilling burgers and hot dogs with all the fixings, coffee and water will be provided . . . please bring a dish if you wish. Please email office@nemdaa.org for more info. [Flyer attached]

GROUP NOTES:

On Wednesday August 28, the North East Wednesday Night Big Book Meeting will be held at The North East Park.

The North East Friday Night group will meet at the Bethel Lutheran Church located at Route 40 and Route 272 in North East (behind McDonald's and Car Wash) on Friday, August 30th at 8 pm due to church activities.

The New Beginnings Group in Forest Hill **WILL NOT MEET** Saturday morning on September 14th.

The Fresh Start Group **WILL NOT MEET** on Saturday, August 31st at 5 pm due to church activities.

The HOW Group **WILL NOT MEET** on September 3rd due to church activities.

The Higher Power Group in Bel Air **WILL NOT MEET** Thursday, August 29th.

BIRTHDAY PLAN:

Tom K. contributed to the Birthday Plan for 45 years of sobriety. Congratulations, Tom!

ANSWERING SERVICE: August 25-Sept. 8th, 2019

Chairperson: Jeff L. @ office@nemdaa.org
August 25-----Bel Air Wednesday Night
August 26-September 1-----Bel Air Women's Big Book
September 2-8-----Bel Air Big Book

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INSTITUTIONS COMMITTEE: August 25-Sept. 7 '19

Chairperson: Alex B. @ office@nemdaa.org

25 Aug	Sobriety on Friday ------(HMH) Pat J. ------(Union Hospital)	28 Aug	Dave P. Jim M. Donald S. Jason W.	Providence Joppa 12 Step Joppa 12 Step Bel Air Wednesday	6 years 39 years 5 years 6 years
26 Aug	New Life (Aberdeen) ------(PP Rehab #22)	29 Aug	Ellen T. Ed E. Marty S.	Came to Believe Back to Basics Darlington 12 Step	6 years 40 years 11 years
27 Aug	Joppa Morning Group ------(HCDC-Men) Acceptance Group ------(PP Rehab #22)	30 Aug	Paul C.	Happy Hour	1 year
29 Aug	Happy Hour ------(HC Homeless Shelter)	31 Aug	Bill H. Dexter W.	Jarrettsville 12 Step Starting Foundation	8 years 2 years
30 Aug	Sunlight of the Spirit [Edgewood] --(PP Rehab #22) Bel Air Big Book ------(HCDC-Men)	1 Sept	Sam H. Jay C.	Sunlight of the Spirit Sunday Morning Now	3 years 2 years
31 Aug	Greg G. ------(HCDC-Men) Port in A Storm ------(HMH) Keith ------(PP Rehab #22)	2 Sept	Steve S. Bob D. Pam O.	Chesapeake City Monday Nite Spirit of Life (Elkton) Emmorton Beginners	24 years 31 years 11 years
1 Sept	Bel Air Big Book ------(HMH) Spirit of Life ------(Union Hospital) Joppa 12 Step ------(PP Rehab #22)	3 Sept	J.C.	Third Tradition	1 year
2 Sept	Bel Air Friday ------(PP Rehab #22)	4 Sept	Chris K. Scottie A. Renee D.	Joppa 12 Step Joppa 12 Step Providence	8 years 1 year 3 years
3 Sept	Happy Hour ------(HCDC-Men) Back to Basics ------(PP Rehab #22)	6 Sept	Martin A. Cierra W.	New Life [Aberdeen] Daily Reflections	8 years 5 years
5 Sept	Brad A. ------(HC Homeless Shelter)				
6 Sept	Providence ------(PP Rehab #22) Tom A. ------(HCDC-Men)				
7 Sept	Mike A. ------(HCDC-Men) Beware the Four Horsemen ------(HMH) Three Legacies ------(PP Rehab #22)				

ANNIVERSARIES: August 25-September 7 '19

The following anniversaries represent a total of ??? years of continuous sobriety and ongoing recovery.

25 Aug	Jackie S.	Three Pertinent Ideas	30 years
26 Aug	Herman H.	Emmorton [8:30]	15 years
	Shiloh B.	Chesapeake City Monday Nite	13 years
	Mitch O.	Emmorton Beginners	25 years
	Louis M.	Monday Night Raw	6 years
27 Aug	Bill R.	Third Tradition	46 years

The next bulletin cutoff is Wednesday, **August 28th** for group notes and anniversaries occurring from **Sept 1st-14th**.

AND A FINAL THOUGHT:

Our movement not only preaches, but actually practices truly humble modesty. [Language of the Heart]