

# Northeastern Maryland Intergroup of Alcoholics Anonymous

28 Centennial Lane  
Aberdeen, MD 21001-2498  
410-272-4150 [office@nemdaa.org](mailto:office@nemdaa.org)  
[www.nemdaa.org](http://www.nemdaa.org)

Office Hours: Tuesday-thru-Thursday 10:00 am–3:00 pm.  
Friday 10:00am – 5:00pm, Saturday 10:00am – 2:00pm  
Sunday and Monday: Closed

## September 29-October 5, 2019

### ASPECTS OF SPIRITUALITY

"The idea keeps persisting that the instincts are primarily bad and are the roadblocks before which all spirituality falters. I believe that the difference between good and evil is not the difference between spiritual and instinctual man; it is the difference between proper and improper use of the instinctual. Recognition and right channeling of the instinctual are the essence of achieving wholeness."

*Reprinted from "As Bill Sees It", with permission from AA World Services.*

### AREA NOTES:

**NERDs on Tour!** Our North East Regional Delegates are visiting Maryland! Come hear the experience, strength and hope of a dozen trusted servants from the **Northeast Region at a mix of open speaker meetings & fellowship events in Areas 29.** Join Area 29 for their "NERDs on Tour!" weekend from **September 27-29th.** Flyer has been revised AGAIN with some schedule changes. [revised flyer and Schedule of Events attached.with Breakfast with the NERDS flyers]

### DISTRICT NOTES

AA groups/meetings are invited to play "Discovery Recovery History Challenge" in conjunction with the **Districts 11, 28 and 30 Workshop on Oct. 12 from 9 am to 1 pm** at Port Deposit Presbyterian Church, Port Deposit, entitled "AA: Our Origins, Evolution and Future." Look for Challenge materials on your group's literature table.

**Drawings for conference-approved/Grapevine prizes will be held at the Workshop on Oct 12** for Challenge participants. Come join in the fun! [Flyer attached]

Join District 28 for District service elections **October 16, 7pm,** at Bel Air United Methodist Church, 21 Linwood Ave, Bel Air, 21014, room 202. Open service positions are **District Committee Member (DCM), Alternate DCM, secretary, and treasurer.** GSRs—attend and vote to ensure your group has a voice in electing these trusted servants. **If you are interested in standing for the position or nominating someone for the position, contact Jeff H, District 28 DCM, @ [office@nemdaa.org](mailto:office@nemdaa.org)** For more information, speak with your group's GSR or contact Jeff H.

### INTERGROUP NOTES

The **Ways and Means Committee Planning meeting** will be on **October 4th from 6:30-7:30 pm** and **October 18th from 6:30-7:30 pm** at the **Intergroup Office, 28 Centennial Lane, Aberdeen.**

**Fall Gratitude Breakfast . . .** come and join us for fellowship, breakfast and a speaker! Sunday **October 20th 2019** at the Level Fire Hall In Havre De Grace (**3633 Level Village Road, Havre De Grace, MD**) **8am to 12pm.** Breakfast will be served from 8am to 10:30am. **The speaker meeting is at 10:30am.** Tickets are \$15 and can be purchased at the intergroup office and from fellow members. **Please email the Northeastern Maryland Intergroup of AA at [office@nemdaa.org](mailto:office@nemdaa.org) or call (410)272-4150 for more info.**

### GROUP NOTES:

The **Early Bird Group** will be moving back to **North East United Methodist Church** [from the town park] on **Saturday, October 5th.** Please join the **Early Bird Group at the church every Saturday morning,** until the group returns to the park in the Spring.

After many years at the same venue, **Sober by the Bay.** has changed their location and meeting time Starting **October 1st,** it will meet at **Church of the Nazarene, 135 South Main St., North East** starting at **6:30 p.m.**

### ANSWERING SERVICE: Sept. 29-Oct. 13, 2019

Chairperson: Jeff L. @ [office@nemdaa.org](mailto:office@nemdaa.org)

September 29-----Living the Steps  
September 30-October 6-----Happy Hour  
October 7-13-----Three Pertinent Ideas

### INSTITUTIONS COMMITTEE: Sept. 29-Oct. 12, '19

Chairperson: Alex B. @ [office@nemdaa.org](mailto:office@nemdaa.org)

29 Sept **Providence**------(HMH)  
**Emmorton Group**------(Union Hospital)  
**By the Book**------(PP Rehab #22)

30 Sept **North East Friday Night**------(Pp Rehab #22)

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## **September 29-October 5, 2019**

1 Oct	Don I.------(HCDC-Men) Jarrettsville 12 Step------(PP Rehab #22)	Oct	Don K. Josh A. Sandy W.	One Day at a Time Living the Steps Bel Air Women's Big Book	27 years 2 years 16 years
3 Oct	Delta Big Book------(HC Homeless Shelter)	4 Oct	Marty M. Jan W.	Daily Reflections Fundamentally All is Well	1 year 42 years
4 Oct	Beware the Four Horsemen------(PP Rehab #22) Good News Group------(HCDC-Men)	5 Oct	Debbie B. Kaley H.	Living Sober Women for Sobriety	20 years 1 year
5 Oct	12 Step William St. Tuesday------(HMH) Sylvia V.------(PP Rehab #22)	6 Oct	Scott K. Ginger H.	Sunday Morning Now Good News	8 years 10 years
6 Oct	Sobriety on Friday------(HMH) Pat J.------(Union Hospital) HOW------(PP Rehab #22)	7 Oct	Catherine T. Phil H. Will D. Norman S. Vincent L. Dylan D. Wes F.	SWAN (open to all) Bel Air Big Book Starting Over Spirit of Life Emmorton Beginners Monday Night Raw How It Works	40 years 14 years 1 year 1 year 28 years 2 years 10 years
7 Oct	New Life (Aberdeen)------(PP Rehab #22)	8 Oct	Julie N.	Bel Air Women's[open to women only]	12 years
8 Oct	Joppa Morning Group------(HCDC-Men) Acceptance Group------(PP Rehab #22)	The next bulletin cutoff is Wednesday, <b>October 2nd</b> for group notes and anniversaries occurring from <b>October 6-19th</b> .			
10 Oct	Happy Hour------(HC Homeless Shelter)				
11 Oct	Sunlight of the Spirit--(Edgewood)--(PP Rehab #22) Bel Air Big Book------(HCDC-Men)				
12 Oct	Port in a Storm------(HMH) Keith------(PP Rehab #22) Greg G.------(HCDC-Men)				

### **A FINAL THOUGHT**

It is alcoholism not alcoholwasm.

### **ANNIVERSARIES: Sept . 29-Oct. 12, '19**

The following anniversaries represent a total of ??? years of continuous sobriety and ongoing recovery.

30 Sept	Derek T.	Emmorton Beginners	3 years
	Georgenne M.	SWAN [not open to all]	9 years
	Peet B.	Cut it Out	4 years
	August R.	Darlington Big Book	9 years
1 Oct	Bob P.	Tuesday 12 Step Study	3 years
2 Oct	Elaine R.	Lunch Bunch	10 years
	Mary M.	Joppa 12 Step	14 years