

# *Northeastern Maryland Intergroup of Alcoholics Anonymous*

28 Centennial Lane  
Aberdeen, MD 21001-2498  
410-272-4150 [office@nemdaa.org](mailto:office@nemdaa.org)  
[www.nemdaa.org](http://www.nemdaa.org)

**Office Hours: Tuesday-thru-Thursday 10:00 am-3:00 pm.  
Friday 10:00am – 5:00pm, Saturday 10:00am – 2:00pm**

**January 5-11, 2020**

*\*Happy New Year\**

## MAINTENANCE AND GROWTH

"It is plain that a life which includes deep resentment leads only to futility and unhappiness. To the precise extent that we permit these, do we squander the hours that might have been worthwhile. But with the alcoholic, whose hope is the maintenance and growth of a spiritual experience, this business of harboring resentment is infinitely grave. For then we shut ourselves off from the sunlight of the spirit. The insanity of alcohol returns and we drink again. And with us, to drink is to die." *Reprinted from "As Bill Sees It", p. 5 with permission from AA World Services.*

## ANSWERING SERVICE: January 5th-19th '20

*Chairperson: Jeff L. @ [office@nemdaa.org](mailto:office@nemdaa.org)*

January 5-----**Bel Air Big Book**  
January 6-12-----**Rule 62**  
January 13-19-----**Emmorton (8:30)**

## GROUP NOTES:

**The We Are Not Saints Group WILL NOT MEET on January 7th.**

## INSTITUTIONS COMMITTEE: January 5-18 '20

*Chairperson: Alex B. @ [office@nemdaa.org](mailto:office@nemdaa.org)*

5 Jan **Bel Air Big Book**------(HMH)  
**Spirit of Life**------(Union Hospital)  
**Joppa 12 Step**------(PP Rehab #22)  
6 Jan **Bel Air Friday**------(PP Rehab #22)  
7 Jan **Happy Hour**------(HCDC-Men)  
**Back to Basics**------(PP Rehab #22)  
9 Jan **Brad A.**------(HC Homeless Shelter)  
10 Jan **Providence**------(PP Rehab #22)  
**Tom A.**------(8 pm HCDC-Men)  
11 Jan **Mike A.**------(9:30 am HCDC-Men)  
**Beware the Four Horsemen**------(HMH)  
12 Jan **Search for Serenity**------(HMH)  
**North East Big Book**------(Union Hospital)  
**Any Lengths**------(PP Rehab #22)  
13 Jan **Gratitude Group**------(PP Rehab #22)

14 Jan **New Beginnings**------(HCDC-Men)  
**John O.**------(PP Rehab #22)  
16 Jan **Bel Air Big Book**------(HC Homeless Shelter)  
17 Jan **12 Step Recovery (Monday)**------(PP Rehab #22)  
**Mark D.**------(HCDC-Mens)  
18 Jan **Dave Pons**------(HCDC-Men)  
**Acceptance Group**------(HMH)  
**How It Works**------(PP Rehab #22)

## ANNIVERSARIES: Jan. 5-18 '20

The following anniversaries represent a total of ??? years of continuous sobriety and ongoing recovery.

5 Jan	<b>Jeff P.</b>	Sunday Reflections	<b>18</b> years
6 Jan	<b>Dan B. Mike Y.</b>	Fallston 12 Step Aberdeen Monday Nite	<b>3</b> years <b>31</b> years
7 Jan	<b>Chris C. Bill L. Ed J. Christine F. Pete N.</b>	Three Legacies HOW North Street Sisters of Sobriety Sober by the Bay	<b>36</b> years <b>33</b> years <b>3</b> years <b>9</b> years <b>35</b> years
8 Jan	<b>Reyna W. Steve H. Ashley P.</b>	Providence Joppa 12 Step North East Big Book	<b>2</b> years <b>2</b> years <b>6</b> years
9 Jan	<b>Jonathon S. Mike M.</b>	Darlington 12 Step One Day at a Time	<b>3</b> years <b>17</b> years
10 Jan	<b>Dave A. Wes O. Greg W. Mike F.</b>	North East Friday Night Happy Hour Spesutia Fundamentally All is Well	<b>8</b> years <b>1</b> year <b>38</b> years <b>2</b> years
11 Jan	<b>Lindsay C. Todd P.</b>	Women for Sobriety Living Sober	<b>1</b> year <b>2</b> years
13 Jan	<b>Jeffrey W.</b>	Bel Air Big Book	<b>22</b> years
14 Jan	<b>Lacy S. Darius K.</b>	We Are Not Saints Stay Stopped	<b>10</b> years <b>12</b> years

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15 Jan **Tina B.** Joppa 12 Step 3 years  
**Ted J.** Bel Air Wednesday 3 years

17 Jan **Ryan B.** North East Friday Night 1 year  
The next bulletin cutoff is Wednesday, **January 8, 2020** for group  
notes and anniversaries occurring from **January 12-25, 2020**.

### **A FINAL THOUGHT**

Don't analyze, utilize.