Northeastern Maryland Intergroup of Alcoholics Anonymous

28 Centennial Lane Aberdeen, MD 21001-2498 410-272-4150 office@nemdaa.org www.nemdaa.org

Office Hours: Tuesday-thru-Thursday 10:00 am-3:00 pm. Friday 10:00am - 5:00pm, Saturday 10:00am - 2:00pm

February 9-15, 2020

ALONE NO MORE

"We were trying to find emotional security either by dominating or by being dependent upon others. Even when our fortunes had not totally ebbed, we nevertheless found ourselves alone in the world. We still vainly tried to be secure by some unhealthy sort of domination or dependence.....In this Fellowship we begin to learn right relations with people who understand us; we don't have to be alone anymore." *Reprinted from "As Bill Sees It"*, *p.* 252 with permission from AA World Services.

INTERGROUP NOTES

Did you know?... there is "Bingo Night" coming? February 15, 2020 at the Level Firehouse, 3633 Level Village Road, Havre de Grace, MD. TICKETS are AVAILABLE at the Office, \$15/each.

The next meeting of the Intergroup Council will be on Tuesday, February 12th at 7 p.m. at the office at 28 Centennial Lane, Aberdeen. New GSR's are invited to arrive at 6 p.m. for orientation.

Website Updates – If you have any questions, suggestions, or problems accessing the new website, please e-mail NEMDIntergroupChair@gmail.com.

DISTRICT NOTES

District 30 meets the 2nd Wednesday of every month. The next meeting is February 12th at the Grove Presbyterian Church at 7 p.m.,50 E. Bel Air Avenue in Aberdeen.

The last "Back to Basics" workshop meeting will be Wednesday, February 12 from 7-8 pm at Bel Air United Methodist Church (McComas Hall) in room 202. "Here are the steps we took..." Sponsored by District 28 and hosted by Bel Air Big Book. Please bring your Big Book and join us on a journey in recovery.

District 28 meets the 3rd Wednesday of every month. The next meeting will be February 19th at 7 p.m. at the Bel Air United Methodist Church, 21 Linwood Avenue, Bel Air, 21014 room 202.

GROUP NOTES

A new **open discussion** meeting has begun called **It's a New Day**, **Wednesdays at noon at Nesbitt Hall, 101 North Main St., Port Deposit.** Please come and show your support!

North East Wednesday Night Big Book with be permanently changing their meeting time from 8pm to 7pm starting in February!

The Spesutia Group will be celebrating its 40th Group Anniversary on February 14th. Come join us in celebrating this great milestone in our group's history of service, fellowship, food and refreshments starts at 5:30 pm followed by our regular group meeting at 7 pm. Bring a dish if you wish!

Right Roads 12&12 has a new location. It meets Tuesdays at 6 pm at Faith Community Chapel 424 Broad St. Ext., Delta, PA

The SWAN Monday Night Women's Group at Jane's Church in Rising Sun <u>WILL NOT MEET</u> Monday, February 17th due to church activities.

Upcoming Events and Dates to Remember:

District 30 Meeting - February 12th Bingo Night - February 15th, 7 pm MGS Committee Meeting - February 15th District 28 Meeting - February 19th Spaghetti Dinner/Puppet Show - March 14th MGS Assembly Meeting - March 21st Spring Appreciation Breakfast - April 5th

ANSWERING SERVICE: Feb. 9th-22 '20

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INSTITUTIONS COMMITTEE: February 9th-22 '20 Chairperson: Alex B. @ office@nemdaa.org	13 Feb Matt H. Kat W.	Living the Steps Back to Basics	8 years 39 years
9 Feb Sobriety on Friday [HMH] Pat J. [Union Hospital] HOW [PP Rehab #22]	Chris G. 14 Feb Donna W. Randy S.	Gratitude Lunch Bunch Spesutia	 1 year 1 year 19 years
10 Feb New Life [Aberdeen][PP Rehab #22]	Brian S.	Spesutia Spesutia	32 years
11 Feb Joppa Morning Group[HCDC-Men] Acceptance Group[PP Rehab #22]	16 Feb Carol S. Nancy W.	Sunday Reflections Sunday Morning Now	4 years 13 years
13 Feb Happy Hour[HC Homeless Shelter]	·	<i>y C</i>	,
14 Feb Sunlight of the Spirit [Edgewood][PP Rehab #22] Bel Air Big Book[HCDC-Men]	17 Feb Winter Dee Dee	Cut It Out Emmorton Beginners	1 year 8 years
15 Feb Greg G [HCDC-Men] Port In A Storm [HMH] Keith [PP Rehab #22]	Tommy D. 18 Feb Scott S.	Starting Over Freedom	1 year 3 years
16 Feb Bel Air Big Book[HMH] Spirit of Life[Union Hospital]	Lindsay T. Kathy M.	Sisters of Sobriety Right Road 12&12	4 years 35 years
Joppa 12 Step[PP Rehab #22]	19 Feb Sue C.	THINK	10 years
17 Feb Bel Air Friday [PP Rehab #22]	Scott O.	Rule 62	1 year
18 Feb Happy Hour [HCDC-Men] Back to Basics [PP Rehab #22]	20 Feb Jeanne S. Fran P.	Any Lengths North East 12&12	4 years 24 years
20 Feb Brad A [HC Homeless Shelter] Tom A [HCDC-Men]	22 Feb Shannon L.		2 years
21 Feb Providence [PP Rehab 22]	The next bulletin cutoff is Wednesday, February 12th for group notes and anniversaries occurring from February 16-29th .		
22 Feb Mike A [HCDC-Men]			
Beware the Four Horsemen[HMH] Three Legacies[PP Rehab #22]	A FINAL THOUGH Sanity begins with the	<u>T</u> e admission of reality into the	e mind.

ANNIVERSARIES: February 9th-22, '20

The following anniversaries represent a total of ??? years of continuous sobriety and ongoing recovery.

9 Feb	Clarence E.	Sunday Noon (Mann Hse) 40 y	
	Al L.	Sunday Morning Now	25 years
10 Feb	Moe B.	Emmorton Beginners	19 years
11 Feb	James B.	Third Tradition	10 years
12 Feb	Willow H. Matt W.	Keep It Simple Elkton Beginners	10 years 3 years

Sanity begins with the admission of reality into the mind. [AA Grapevine, April 1976]