

# Northeastern Maryland Intergroup of Alcoholics Anonymous

28 Centennial Lane  
Aberdeen, MD 21001-2498  
410-272-4150 [office@nemdaa.org](mailto:office@nemdaa.org)  
[www.nemdaa.org](http://www.nemdaa.org)

Office Hours: Tuesday-thru-Thursday 10:00 am-3:00 pm.  
Friday 10:00am - 5:00pm, Saturday 10:00am - 2:00pm

**February 16-22, 2020**

## PAINKILLER OR PAIN-HEALER

"I believe that when we were active alcoholics, we drank mostly to kill pain of one kind or another--physical or emotional or psychic. Of course, everybody has a cracking point, and I suppose you reached yours--hence, the resort once more to the bottle. 'If I were you, I wouldn't heap devastating blame on myself for this; on the other hand, the experience should redouble your conviction that alcohol has no permanent value as a pain-killer.'" *Reprinted from "As Bill Sees It", p. 291 with permission from AA World Services.*

## INTERGROUP NOTES

**Website Updates** – If you have any questions, suggestions, or problems accessing the new website, please e-mail [NEMDIntergroupChair@gmail.com](mailto:NEMDIntergroupChair@gmail.com).

## DISTRICT NOTES

**District 28** meets the **3rd Wednesday** of every month. The next meeting will be **February 19th at 7 p.m.** at the **Bel Air United Methodist Church, 21 Linwood Avenue, Bel Air, 21014 room 202.**

**District 11** meets the **first Friday** of every month. The next meeting is **Friday March 6 at 6:30pm** at the **Bethel Lutheran Church** on Rte 40 next to McDonalds in North East, MD 21901. **All AAs and GSRs are needed to help with our upcoming Workshops. Join us for fun service opportunities.**

## GROUP NOTES

A new **open discussion** meeting has begun called **It's a New Day, Wednesdays at noon at Nesbitt Hall, 101 North Main St., Port Deposit.** Please come and show your support!

**North East Wednesday Night Big Book** will be permanently changing their meeting time from 8pm to 7pm starting in February!

**Right Roads 12&12** has a new location. It meets **Tuesdays at 6 pm at Faith Community Chapel 424 Broad St. Ext., Delta, PA**

The **SWAN Monday Night Women's Group** at Jane's Church in Rising Sun **WILL NOT MEET Monday, February 17th** due to church activities.

The **Elkton Friday Big Book Meeting** is in need of your support! It meets **Fridays at 7:30 pm** at the **Elkton Presbyterian Church, 209 Main St., Elkton.**

The **Just for Today Group** **WILL NOT MEET Thursday, February 13th** due to church activities.

## Upcoming Events and Dates to Remember:

District 28 Meeting - February 19th  
District 11 Meeting - March 6th  
Intergroup Council Meeting - March 10th  
Spaghetti Dinner/Puppet Show - March 14<sup>th</sup>  
MGS Assembly Meeting - March 21<sup>st</sup>  
Spring Appreciation Breakfast - April 5<sup>th</sup>

## ANSWERING SERVICE: Feb. 16th-March 1, '20

*Chairperson: Jeff L. @ [office@nemdaa.org](mailto:office@nemdaa.org)*

February 16-----Joppa 12 Step  
February 17-23-----Good News Group  
February 24-March 1-----Sobriety on Friday

## INSTITUTIONS COMMITTEE: February 16-29 '20

*Chairperson: Alex B. @ [office@nemdaa.org](mailto:office@nemdaa.org)*

16 Feb **Bel Air Big Book**-----[HMH]  
**Spirit of Life**-----[Union Hospital]  
**Joppa 12 Step**-----[PP Rehab #22]  
17 Feb **Bel Air Friday**-----[PP Rehab #22]  
18 Feb **Happy Hour**-----[HCDC-Men]  
**Back to Basics**-----[PP Rehab #22]  
20 Feb **Brad A.**-----[HC Homeless Shelter]  
**Tom A.**-----[HCDC-Men]  
21 Feb **Providence**-----[PP Rehab 22]  
22 Feb **Mike A.**-----[HCDC-Men]  
**Beware the Four Horsemen**-----[HMH]  
**Three Legacies**-----[PP Rehab #22]  
23 Feb **Search for Serenity**-----[HMH]  
**North East Big Book**-----[Union Hospital]  
**Any Lengths**-----[PP Rehab #22]

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## **February 16-22, 2020**

24 Feb	<b>Gratitude</b> -----[PP Rehab #22]	25 Feb	<b>Dan J.</b>	Three Legacies	<b>7</b> years
25 Feb	<b>New Beginnings</b> -----[HCDC-Men]		<b>Pete S.</b>	Solution for Living	<b>26</b> years
	<b>John O.</b> -----[PP Rehab #22]		<b>Jim Y.</b>	Right Road 12&12	<b>34</b> years
27 Feb	<b>Bel Air Big Book</b> -----[HC Homeless Shelter]		<b>John H.</b>	New Life [Elkton]]	<b>12</b> years
28 Feb	<b>Monday Night 12 Step Recovery</b> ---[PP Rehab #22]	26 Feb	<b>Chuck S.</b>	THINK	<b>33</b> years
	<b>Mark D.</b> -----[HCDC-Men]				
29 Feb	<b>Dave Pons</b> -----[HCDC-Men]	28 Feb	<b>Ed B.</b>	North East Friday Night	<b>16</b> years
	<b>Acceptance</b> -----[HMH]			The next bulletin cutoff is Wednesday, <b>February 19th</b> for group notes and anniversaries occurring from <b>February 23-March 7th.</b>	
	<b>How It Works</b> -----[PP Rehab #22]				

### **A FINAL THOUGHT**

There is no right way to do the wrong thing.

### **ANNIVERSARIES: February 16th-29th, '20**

The following anniversaries represent a total of ??? years of **continuous sobriety** and ongoing recovery.

16 Feb	<b>Scott C.</b>	Recovering Spirit	<b>3</b> years
17 Feb	<b>Winter</b>	Cut It Out	<b>1</b> year
	<b>Dee Dee</b>	Emmorton Beginners	<b>8</b> years
	<b>Tommy D.</b>	Starting Over	<b>1</b> year
18 Feb	<b>Scott S.</b>	Freedom	<b>3</b> years
	<b>Lindsay T.</b>	Sisters of Sobriety	<b>4</b> years
	<b>Kathy M.</b>	Right Road 12&12	<b>35</b> years
19 Feb	<b>Sue C.</b>	THINK	<b>10</b> years
	<b>Scott O.</b>	Rule 62	<b>1</b> year
20 Feb	<b>Jeanne S.</b>	Any Lengths	<b>4</b> years
	<b>Fran P.</b>	North East 12&12	<b>24</b> years
	<b>Mark B.</b>	Edgewood Noon	<b>6</b> years
22 Feb	<b>Shannon L.</b>	Women for Sobriety	<b>2</b> years
	<b>Doug S.</b>	New Beginnings	<b>1</b> year
23 Feb	<b>Jon W.</b>	Sunlight of the Spirit	<b>7</b> years
	<b>Colleen S.</b>	Delta Big Book	<b>2</b> years
	<b>George F.</b>	Sunday Morning Now	<b>1</b> year
24 Feb	<b>Darlene L.</b>	Emmorton Beginners	<b>34</b> years
	<b>Chris M.</b>	Cut It Out	<b>4</b> years