Area #06 District #70

HOMEBOUND

Tri-valley area: Dublin, Livermore, Pleasanton and Sunol





What is Homebound?

Homebound is an A.A. service through the Tri Valley Intergroup that brings meetings to those members in the Tri-Valley area that can not get to meetings.

We will take a meeting to an A.A. member who is hospitalized, homeor house-bound due to a physical, emotional or life circumstance. This allows the member an opportunity to focus on their alcoholism along with whatever other difficulties may be going on.

implement the service

5 years since the service was offered in our area

- Form committee
- Define the service
- Establish timeline
- Service commitments
- <u>Repository for info</u>
- Parameters for volunteers
 - Guidelines for volunteers
- Scripts / Guidelines / Meeting Etiquette
- Service Requests Questions
- <u>Finalizing Forms</u>
- Getting the word out

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How does it work?



Volunteers Process

- 1. Volunteer fills out the form
- 2. Welcome email is sent
 - How Homebound Works
 - Homebound Guidelines
 - Meeting Etiquette
 - Serving All Alcoholics (f-107)
 - Website info / Recent Newsletter
- 3. Meeting request comes in contact volunteer about availability
- 4. Provide details for meeting at least 24 hours ahead of time
 - Time
 - Address
 - Other attendees
- 5. Contact 24 hours after to see how their experience went

How does the service work?

- 1. Homebounder submits the form to request a meeting Chair gets notification
- 2. Confirm Homebound request
- 3. Check Volunteer List
- 4. Coordinator confirms the meeting date, time, # of attendees and secretary name to Homebounder as soon as it's finalized
- 5. Coordinator confirms meeting with Homebounder and attendees at least 24 hours ahead of time
- 6. After the meeting Coordinator meets with the secretary to return the materials and discuss their experience.
- 7. Coordinator follows up with the Homebounder at least 24 hours after, to discuss their experience and set up the next meeting

Getting the word out

https://Trivalleyaa.org/homebound/

There's No Place Like HOMEBOUND!

Come be a part of the Sub-Committee for this amazing service to the Tri-Valley area.

The subcommittee has **open positions**. If you are available or interested in any of the following positions, please join us on our next Sub Committee meeting.

Volunteer Coordinator – 6 months sobriety requirement
Recording Secretary – No sobriety requirement

Sub-committee meeting 3rd Sunday of each month @ 5:00pm PT.

Zoom Meeting Info: Meeting ID: 854 3871 8538 / Password: HB2021

Click on the links below if you would like to be a volunteer or would like to request the service!



In Need of Homebound Request

- Website
- Flyers
- Events
- Intergroup
- Valley View AA Newsletter
- General Service
- Homebound Newsletter



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What we learned

- People love consistency
- Don't force or push the service
- Training / testing is important
- More volunteers the better
- Service, Service, Service
- Not a 12 step call
- Keep In Touch
- Have fun



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