



Let's get **BACK TO THE BASICS**of recovery

And **TAKE** the Twelve Steps the way they were taken in the 1940's and 1950's when we had a 50-75% recovery rate. This seminar is based on the *Back to Basics* book published in 1997. Since then, more than 750,000 have taken the Steps using this format. Come join us for this **ZOOM seminar** and watch people recover from "a seemingly hopeless state of mind and body" right before your eyes.

Presented By

Wally P., Tucson, AZ (Archivist, Historian and Author), and
Brit S-P (Audio Archivist, Historian, and Presenter)

Saturday—Sunday, Dec 12—13, 2020

A seminar for "anyone or everyone interested in a spiritual way of life." ALL ARE WELCOME!!!

\$30.00 Per Person ~ Online Registration

<https://shop.aabacktobasics.org/ProductDetails.asp?ProductCode=Sem-Reg-BR>

Registration includes ALL Four Sessions, 20+ Handouts, and a Breakout Room for you and your sponsor, sponsee, or sharing partner to MAKE your Surrender, TAKE Steps 4+5, and TAKE Steps 8+9. You will also have the opportunity to TAKE Step 11 as it was taken during the "Early Days," and learn how to carry our life-saving message of recovery to others.

See Reverse Side of Flyer for Additional Information and Agenda

Wally P. has been actively involved with the recovery community for more than 32 years. Wally has been free of drugs and alcohol for 32 years, food addiction for 30 years, and sex addiction for 29 years. He has conducted seminars for numerous Twelve-Step fellowships.

He is the creator of the **Back to Basics** and **Back to the Basics of Recovery** programs. In the past 24 years, Wally has personally taken more than 100,000 through the Steps using these formats. These are the most effective and successful methods ever used to take newcomers as well as those with long-term recovery through the Twelve Steps.

Brit S-P. has been actively involved with the first of the Twelve-step communities for more than 31 years. For 20 years, she taped AA and Al-Anon conventions. She has been Wally's Co-presenter for the past four years.

Basic Recovery Agenda

Saturday, December 12, 2020 ~ 1:00pm - 4:15 pm EST

1:00 pm–2:20 pm ~ Session One

Overview and Step 1 (40 minutes)

Take Steps 1

Breakout Number One (25 minutes)

Meet with Your Sharing Partner or Partners to Discuss Your Step 1 Surrender

Q +A, Comments, and Your Experience with the Surrender Process (15 minutes)

2:35 pm–4:15 pm ~ Session Two

Steps 2, 3, and 4 and Setup Step 5 (40 minutes)

Take Steps 2, 3, and 4 and Explain the Breakout for Step 5

Breakout Number Two (45 minutes)

Take Step 5 with Your Sharing Partner or Partners

Q +A, Comments, and Your Experience with the Sharing Process (15 minutes)

Sunday, December 13, 2020 ~ 1:00pm - 4:15 pm EST

1:00 pm–2:30 pm ~ Session Three

Steps 6 and 7 and Setup Steps 8 and 9 (35 minutes)

Take Steps 6 and 7 and Explain the Breakout for Steps 8 and 9

Breakout Number Three (40 minutes)

Take Steps 8 and 9 with Your Sharing Partner or Partners

Q +A, Comments, and Your Experience with the Amends Process (15 minutes)

2:45 pm–4:15 pm ~ Session Four

Steps 10, 11, and 12 (60 minutes)

Take Steps 10, 11, and 12, Including a Five Minute "Quiet Time" to Practice Step 11

Q +A, Comments, and Your Experience with Steps 11+12 (30 minutes)