

# **Contra Study Guide**

(Fall/Winter 2020-2021)

## **Week 1: *Introduction***

**(October 1)**

Review the 2020 Contra Study Composition, Scope and Procedure, discuss the weekly videoconference format, exchange contact information, and transmit 2020 Contra Study materials.

## **Weeks 2, 3, 4, and 5: *The Twelve Traditions***

**(October 8-29)**

From the book "*Twelve Steps and Twelve Traditions*" and from the "*AA Grapevine Traditions Checklist*":

- Read three Traditions per week from the **12 and 12** and prepare written responses to the *AA Grapevine Traditions Checklist* questions.
  - Week 2 (October 2-8), read Traditions One, Two, and Three on pp. 129-145 (20 questions).
  - Week 3 (October 9-15), read Traditions Four, Five, and Six on pp. 146-159 (17 questions).
  - Week 4 (October 16-22), read Traditions Seven, Eight, and Nine on pp. 160-175 (24 questions).
  - Week 5 (October 23-29), read Traditions Ten, Eleven, and Twelve on pp. 176-187 (25 questions).

## **Week 6: *The A.A. Service Manual***

**(October 30-November 5)**

From "*The A.A. Service Manual Combined With Twelve Concepts for World Service*" by Bill W., 2018-2020 Edition, and from the 2020 Service Manual Questions:

- Read pages S1-S14, "A.A.'s Legacy of Service," plus the long form of the 12 Traditions on pages S15-S16, and prepare written responses to the 2020 Service Manual Questions (5 questions).

## **Weeks 7, 8, 9, 10, 11, 12, 12 & 14: *The A.A. Service Manual***

**(November 6-December 31)**

From the most current A.A. Service Manual, approved by the 2018 General Service Conference, and from the 2020 Service Manual Questions:

- Read three chapters per week and prepare written responses to the 2020 Service Manual Questions.
  - Week 7 (November 6-12), read "Chapter One: Introduction to General Service," "Chapter Two: The Group and Its G.S.R.," and "Chapter Three: The District and the D.C.M." on pages S15-S35 (23 questions).
  - Week 8 (November 13-19), read "Chapter Four: The Area Assembly and Activities," "Chapter Five: The Area Committee," and "Chapter Six: The Delegate" on pages S36-S55 (23 questions).
  - Week 9 (November 20-26) – No Meeting (Thanksgiving)
  - Week 10 (November 27-December 3), read "Chapter Seven: The Annual Conference Meeting," "Chapter Eight: Conference Committees," and "Chapter Nine: The General Service Board" on pages S56-S75 (29 questions).

- Week 11 (December 4-10), read “Chapter Ten: The Board’s Operating Corporations,” “Chapter Eleven: The General Service Office,” and “Chapter Twelve: The AA Grapevine” on pages S76-S97 (35 questions).
- Week 12 (December 11-17), read *The A.A. Service Manual*, Appendices A thru G, the Index, and the list of *A.A. Service Manual* changes, on pages S96-S148, and prepare written responses to the 2020 Service Manual Questions (6 questions).
- Weeks 13 and 14 (December 18-31) – No Meetings (Christmas Eve & New Year’s Eve)

**Weeks 15 through 20: *The Twelve Concepts for World Service***

**(January 1-February 11)**

From “The A.A. Service Manual Combined With Twelve Concepts for World Service,” 2018-2020 Edition, and from the Concepts Checklist (SMF-91, 08/18):

- Read three Concepts per week and prepare written responses to the Concepts Checklist questions. The section of the *Manual* containing the Twelve Concepts appears immediately following page S150.
  - Week 15 (January 1-7), read the Preface, “The Twelve Concepts (Short Form),” “The Twelve Concepts (Long Form),” the Introduction, Concept I, Concept II, and Concept III on pages I-VII and 1-14 (10 questions).
  - Week 16 (January 8-14), read Concepts IV, V, and VI on pp. 15-26 (9 questions).
  - Week 17 (January 15-21), read Concepts VII, VIII, and IX on pp. 27-40 (8 questions).
  - Week 18 (January 22-28), read Concepts X and XI on pp. 41-59 (5 questions).
  - Week 19 (January 29-February 4), read Concept XII, Warranties 1, 2 & 3, on pp. 60-66 (3 questions).
  - Week 20 (February 5-11), read Concept XII, Warranties 4, 5 & 6, on pp. 66-73 (4 questions).