

A DESIGN FOR LIVING WORKSHOP

FREEDOM FROM SELFISHNESS,
DISHONESTY, RESENTMENT AND FEAR

JANUARY 9, 2022, SUNDAY
1:00PM-3:00PM EST

ZOOM ID: 818 3421 2164
PASSCODE: 158158



Steps 10, 11 and 12 are referred to as the “maintenance” steps, the steps we practice on a daily basis if we are truly “practicing these principles in all our affairs”. How can these 3 steps help me each day to find freedom from selfishness, dishonesty, resentment and fear?

"There is a direct linkage among self-examination, meditation, and prayer. Taken separately, these practices can bring much relief and benefit. But when they are logically related and interwoven, the result is an unshakable foundation for life."

Reprinted from A.A. Twelve Steps & Twelve Traditions, page 97 with permission from A.A.W.S

SpeakerSchedule:

Step 10: Jimmy A., New Jersey	1:00pm-1:30pm
Q&A Session	1:30pm-1:40pm
Step 11: Mildred F., Toronto	1:40pm-2:10pm
Q&A Session	2:10pm-2:20pm
Step 12: Sue H., Severna Park, MD	2:20pm-2:50pm
Q&A Session	2:50pm-3:00pm

Please contact
district18mdaa.org
with any questions