

PRESENTED BY DISTRICT 18  
MARYLAND

# EMOTIONAL SOBRIETY

## A NEW PERSPECTIVE

Moderated by Karen C from New Jersey

As presented at the NJ Round-Up

Session 1-What is Emotional Sobriety ?

Session 2-The New Frontier: Emotional Sobriety

Session 3-As Found in our Literature

Session 4-Living the 12 Steps-A New Frontier

Session 5-Into Action-

Working "IT" thru the 12 Steps

Session 6-Daily Inventory

Session 7-The Result - The Spiritual Gifts

Session 8-"Set Aside Prayer"

"The St. Francis Prayer"

"Emotional Maturity"

**MAY 17, 2020**

**10AM - 3PM**

**Zoom Meeting ID**

**949-9701-3863**

**PSWD: 199993**

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FOR MORE INFORMATION