

# Living Sober

## No Matter What

**Being Grateful**  
Cecilia R

**Getting Active**  
Arnold R

**Going to AA Meetings -Jess R**

**Availing Yourself of a Sponsor - Sean S**

## District 42 Workshop

### Sat. Nov 7th 11am-12:30pm

Join Zoom Meeting

<https://us04web.zoom.us/j/398293622?pwd=c0FBcEVHcUFjbWpZWTRZcmtneVExdz09> ID: 398 293 622 Passcode: 412191